

**Terrapin Invitational  
Long Course New Year Bash Senior Meet  
Saturday, January 12, 2013  
TERA, SCSC, SRN, NBA, TVA, OAQ, DAV**

**SANCTION:** Held under USA Pacific Swimming Sanction No. **13-015**

*In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

**Use of Audio and Video:** Use of audio or visual recording devices, including a cell phone camera, is not permitted in changing areas, rest rooms or locker rooms. Photography and video recording from behind the starting block and starting areas are prohibited unless prior permission to do so is granted by the Meet Referee.

**OFFICIALS:**  
*Meet Referee: Leo Lin  
Head Starter: Ken Barsanti  
Meet Marshal: Mehdi Saghafi  
Meet Director: George Vosicka*

**LOCATION:** CONCORD COMMUNITY POOL: 3501 Cowell Rd, Concord. **Hwy 680 North**, take Treat Blvd. exit right onto Treat Blvd. **Hwy 680 South**, take Treat/Geary exit, left at end of ramp, left onto Treat Blvd. Turn left onto Cowell.

**COURSE:** Outdoor 50-meters competition pool with up to 9 competition lanes with electronic timing system. The minimum water depth for the course is 5'0". The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

**TIME:** Meet begins at 8:30AM with warm-ups from 7:30 to 8:15AM. At 9:50AM we will break for 2 hours. Meet will resume with warm-up at 12:00PM and competition will begin at 12:30PM. Morning events not completed before 9:50AM will not be swum, the meet will continue with the events in the afternoon session after the break.

**RULES:** Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course. All events are timed finals, and will be **swum fastest to slowest**. Each swimmer can swim up to **4 events** and each team can bring up to **25 swimmers**. **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**

**DECK CHANGING:** Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

**UNACCOMPANIED SWIMMERS:** Any USAS athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USAS Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USAS Club Member-Coach.

**RACING STARTS:** Each competing swimmer must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:** Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods. Sale and use of alcoholic beverages is prohibited in all areas of the meet venue. No deck changing.

**ELIGIBILITY:** Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the

registration and times database. The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail. **This is a closed invitational swim meet. Entries will only be accepted by the following clubs: TERA, SCSC, SRN, NBA, TVA, OAQ, DAV and is limited to 13 and over swimmers that have achieved at least one Pacific Senior I Time. "No time" entries will not be accepted.** Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.

**ENTRY FEES:** No Entry Fee.

**ENTRY FORMAT AND DEADLINE:** Only team entries are accepted and they are due by Tuesday, January 8<sup>th</sup>. They must be emailed to [mednchris@gmail.com](mailto:mednchris@gmail.com).

**CHECK-IN:** The meet will be pre-seeded. Meet Programs will be made available to coaches. No penalties for missing an event.

**AWARDS:** None.

**ADMISSION:** Free.

**REFRESHMENTS:** Minimum hospitality. There will be food and drinks for coaches and officials and during the break parents will help make breakfast for the swimmers.

## EVENTS

### Saturday Morning Session (8:30 -9:50AM)

Girls Event #	Event	Boys Event #
1	200 Free	2
3	100 Breast	4
5	200 Back	6
7	100 Fly	8
9	400 IM	10

### Saturday Afternoon Session (12:30PM – End)

Girls Event #	Event	Boys Event #
11	200 Breast	12
13	100 Back	14
15	200 Fly	16
17	100 Free	18
19	200 IM	20
21	400 Free	22