

**DE ANZA CUPERTINO AQUATICS
PACIFIC SWIMMING LONG COURSE AGE GROUP MEET
JUNE 18-19, 2022**

Z1N Priority Clubs: BSC, DACA, LAMV, LO, MCAC, PASA, SOLO

Enter Online: <https://www.fastswims.com/>



SANCTION: Held under USA/Pacific Swimming Sanction No. **22-080**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND PACIFIC SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

NOTICE: By entering this meet, the Athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet will be posted in real time on the [Meet Mobile App](#).**

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL:

Meet Referee: Brett Shaug	Head Starter: PJ Yim
Meet Marshal: Tammy Hopkins	Admin Official: Carol Waln
Meet Director: Annie Stein annie@daca.org	

LOCATION: De Anza College: 21250 Stevens Creek Blvd., Cupertino, CA 95014

DIRECTIONS: From the North: Take Highway 280 South. Exit Right on De Anza Blvd. Turn right on Stevens Creek Blvd. Turn Left on Stelling St. Enter the College Campus on the right hand side from Stelling St. and use Parking Lot C for easiest access to the pool. From the South: Take Highway 280 North. Exit left on De Anza Blvd. Turn Right on Stevens Creek Blvd. Turn left on Stelling St. Enter the College Campus on the right hand side from Stelling St. and use Parking Lot C for easiest access to the pool.

COURSE: 50 meter, 10 lane, outdoor, heated pool with up to 10 lanes available for competition. 7 short course lanes will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 5'0" at the start end and 4'0" at the turn end. The competition course has not been certified in accordance with 104.2.2C(4).

TIME: Warm-ups from 7:00-8:15 AM each day. Meet begins at 8:30 AM

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.

- The local facilities guidelines, restrictions and interpretation of the local public health guidelines shall be followed at this meet. ***NOTE – De Anza College requires full vaccination or a negative COVID-19 test within 72 hours for anyone on the school’s campus.**
- All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
- All events are timed finals.
- All events will swim fast to slow.
- Athletes may compete in a **maximum of THREE (3) events per day of the meet.**
- If local conditions warrant it, the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**

UNACCOMPANIED ATHLETES: Any USA Swimming Athlete-Member competing at the meet must be accompanied by a USA Swimming Member-Coach for the purposes of Athlete supervision during warm-up, competition and warm-down. If a Coach-Member of the Athlete’s USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the Athlete or the Athlete’s legal guardian to arrange for supervision by a USA Swimming Member-Coach. The Meet Director or Meet Referee may assist the Athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the Athlete’s USA Swimming Club Member-Coach.

RACING STARTS: Athletes must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the athlete or the athlete’s legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by athletes, during the meet and during warm-up period.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Deck changes are prohibited.
- Swim meet patrons must observe and adhere to all posted signs and comply with facility staff requests.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

ELIGIBILITY:

- Athletes must be current members of USA Swimming and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration and times database. The meet host will check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.
- **Entries with "NO TIME" will be ACCEPTED (Exception – 400 Free/400 IM).**
- Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Athletes with a disability are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- The athlete’s age will be the age of the athlete on the first day of the meet.
- **Athletes from Zone 1N priority clubs (listed at the top of the meet sheet) are eligible to register. Athletes from Zone 1N clubs NOT from the priority club list are NOT eligible and should enter SUNN’s meet scheduled for June 25-26, 2022.**
- Athletes from clubs outside of Pacific Swimming Zone 1N are eligible to register after the priority deadline of June 1, and if the estimated timeline still permits.

ENTRY FEES: \$4.50 per event plus an \$14.00 participation fee per athlete. Entries will be rejected if payment is not sent at time of request. No refunds will be made, except mandatory scratch downs.

ENTRY PRIORITY: Priority entry will be given to the following Zone 1N clubs: **BSC, DACA, LAMV, LO, MCAC, PASA, SOLO**. Those entering online must do so by **11:59 PM, Wednesday, June 8, 2022** to receive priority acceptance to the meet. Athletes from the Zone 1N priority clubs submitting surface mail entries must be postmarked by Monday, June 6, 2022 to receive priority acceptance into the meet. **Zone 1N athletes from clubs other than the priority club list will NOT be allowed to enter this meet.** After June 6, and if the estimated timeline still permits, the meet will be open to Athletes outside of the Zone 1N priority clubs.

ONLINE ENTRIES: You may enter this meet online or by U.S. mail. To enter online go to <https://fastswims.com/> to receive an immediate entry confirmation. This method requires creation of a free account and payment by credit card. FastSwims charges a processing fee for this service, 6.5% of the total Entry Fees plus \$0.75 per transaction, regardless of number of athletes. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming. Online entries will be accepted through Sunday, June 12, 2022 at 11:59 PM.** LATE ENTRIES WILL NOT BE ACCEPTED. NO REFUNDS.

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with the athlete's best times. Entries must be postmarked by midnight, Friday, June 10, 2022, or hand delivered by 6:30 PM Sunday, June 12, 2022. NO LATE ENTRIES WILL BE ACCEPTED. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to:	De Anza Cupertino Aquatics
Mail/Hand Delivered entries to:	DACA Meet Director
	1080 S. De Anza Blvd.
	San Jose, CA 95129

CHECK-IN: The meet will be deck seeded. Athletes must check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Prior to 10:30AM, close of check-in for each event shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. **Close of check-in for all remaining events for that day shall be at 10:30AM.** Athletes who do not check in will not be seeded and will not be allowed to compete in that event. Athletes who wish to scratch from an event after the close of check-in are requested to inform the Referee on the starting end of the competition course

SCRATCHES: Any Athletes not reporting for or competing in an individual timed final event that they have checked in for/entered shall not be penalized.

AWARDS: None.

ADMISSION: Free.

PROGRAM: PDF of the program will be made available to the coaches and entered athletes.

SNACK BAR & HOSPITALITY: A snack bar will not be available. Coaches and working deck officials will be provided a light breakfast and lunch.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours. All participating clubs are expected to provide lane timers based on the number of athletes registered to swim each day and session. Coaches/clubs will be notified of club timing lane assignments the Monday prior to the meet.

MINIMUM OFFICIALS:

Club Athletes entered in session	Trained and carded officials requested
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
100 or more	5 and up (1 for every 25 athletes)

EVENT SUMMARY

SATURDAY, JUNE 18, 2022				SUNDAY, JUNE 19, 2022			
8 & UN	9-10	11-12	13-18	8 & UN	9-10	11-12	13-18
100 FR	100 FR	100 FR	200 FR	50 FR	50 FR	200 IM	100 FR
100 BR	100 BR	200 BR	200 BR	100 BK	200 FR	50 BK	200 BK
50 BK	50 BK	200 BK	100 BK	100 FL	100 BK	200 FL	200 FL
50 FL	50 FL	100 FL	100 FL	50 BR	100 FL	100 BR	100 BR
	400 FR	50 BR	50 FR		50 BR	50 FR	200 IM
		200 FR	400 IM		200 IM	100 BK	400 FR
		50 FL				400 FR	
		400 IM					

EVENTS

SATURDAY, JUNE 18, 2022		
GIRLS #	EVENT	BOYS #
1	13 & O 200 Free	2
3	11-12 100 Free	4
5	10 & U 100 Free	6
7	13 & O 200 Breast	8
9	11-12 200 Breast	10
11	10 & U 100 Breast	12
13	13 & O 100 Back	14
15	11-12 200 Back	16
17	10 & U 50 Back	18
19	11-12 100 Fly	20
21	13 & O 100 Fly	22
23	10 & U 50 Fly	24
25	11-12 50 Breast	26
27	11-12 200 Free	28
29	13 & O 50 Free	30
31	11-12 50 Fly	32
33	9-10 400 Free*	34
35	13 & O 400 IM*	36
37	11-12 400 IM*	38

SUNDAY, JUNE 19, 2022		
GIRLS #	EVENT	BOYS #
39	10 & U 50 Free	40
41	11-12 200 IM	42
43	13 & O 100 Free	44
45	9-10 200 Free	46
47	11-12 50 Back	48
49	13 & O 200 Back	50
51	10 & U 100 Back	52
53	11-12 200 Fly	54
55	13 & O 200 Fly	56
57	10 & U 100 Fly	58
59	11-12 100 Breast	60
61	13 & O 100 Breast	62
63	10 & U 50 Breast	64
65	11-12 50 Free	66
67	13 & O 200 IM	68
69	11-12 100 Back	70
71	9-10 200 IM	72
73	13 & O 400 Free*	74
75	11-12 400 Free*	76

*** All 400 Free and 400 IM Athletes must enter a seed time (coach verified time is okay) for proper seeding purposes.**

<p style="text-align: center;">Pacific Swimming Long Course CBA+ Hosted by DACA June 18-19, 2022 Consolidated Entry Form</p>												
Name: Last,			First				Middle					
Club Abbr.		UNATT TEAM ABBR				Club Name						
Age		Date of Birth				Sex M F		LSC – (PC)				
USA-#												
Event #	Distance / Stroke				Entry Time				Circle one			
					: .				SCY / LCM			
					: .				SCY / LCM			
					: .				SCY / LCM			
					: .				SCY / LCM			
					: .				SCY / LCM			
					: .				SCY / LCM			
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					: .				SCY / LCM			
					: .				SCY / LCM			
<p style="text-align: right;"># of entries _____ x \$4.50 = \$ _____ Participation Fee \$ 14.00 TOTAL \$ _____</p>												
Coach's Name:												
Coach's Email/Phone:												
Athlete's Address:												
Home Phone						Cell Phone						
Email												