

NAPA VALLEY SWIM TEAM
"SPRING SPLASH"
PACIFIC SWIMMING LONG COURSE CBA+ MEET
APRIL 28-29, 2018



Enter Online: <http://ome.swimconnection.com/pc/NVST20180428>

SANCTION: Held under USA/Pacific Swimming Sanction No. **18-043**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, and Google Glass is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

MEET PERSONNEL: *Meet Referee:* Irene Alameida *Head Starter:* Ron Sto. Domingo
Meet Marshal: Glenn Dusky *Admin Official:* Sarah Obbagy
Meet Director: Creighton Wright (napavalleyswim@yahoo.com)
Chief Judge: Deborah Russell Broman

LOCATION: Napa Valley College. 2277 Napa-Vallejo Hwy., Napa, CA

COURSE: 50 meter outdoor heated pool, with rim flow gutters and anti-turbulent lane lines. Up to seven (7) competition lanes, with separate warm up and warm down areas available throughout the meet. If numbers warrant, a double ended meet shall be put into place. The minimum water depth measured in accordance with Article 103.2.3, is 4 feet at the shallow end and 12 feet at the deep end. The competition course has not been certified in accordance with 104.2.2C (4).

TIME: Meet shall begin at 9:00 AM each day, with warm ups from 7:30 to 8:45 AM.

- RULES:**
- Current USA and Pacific Swimming rules and warm-up procedures shall govern the meet. A copy of these procedures shall be posted at the Clerk-of-Course.
 - All events are timed finals.
 - Athletes may enter more than four (4) events each day, but **may only compete in a maximum of four (4) events each day.**
 - All athletes ages 12 and under should complete competition within four (4) hours.
 - Entries shall be accepted until the number of splashes exceeds the estimated time line, per the "Four-Hour Rule," based on the athlete's age and gender.
 - If local conditions warrant it, the meet referee, with the concurrence of the meet director, may require a mandatory scratch down, subject to the provisions of Pacific Swimming Rules and Regulations.
 - All events shall be swum in event order and in a "FAST to SLOW" sequence with the options of reversing the sequence at the discretion of the Meet Referee and Meet Director.
 - **All coaches and deck officials shall display their current USA Swimming membership cards in a visible manner. Deck Pass may be used to prove registration status.**
 - All Open events may alternate girls' and boys' heats, or may be swum in combined heats of girls' and boys' at the discretion of the Meet Referee.
 - **In order to enter the Open events** (400 IM, 400 and 800 Freestyle, 200 Breaststroke, 200 Backstroke and 200 Butterfly), **the athlete must have met the listed qualifying time or have coach verification.** If the athlete's coach will be verifying the athlete's ability to achieve the minimum entry time, per Pacific Swimming Rule 4A(2), please contact the meet director AND the meet referee.
 - **Athletes in the 800 freestyle event shall provide their own lap counters and timers.**
 - **"No time" entries will be accepted for all events EXCEPT the Open events.**

ATTENTION HIGH SCHOOL ATHLETES: If you are a high school athlete in season, you need to be Unattached from this meet. It is the athlete's responsibility to be Unattached from this meet. You can un-attach at the meet if necessary. This does not apply to athletes swimming under the rules of the Nevada Interscholastic Activities Association (NIAA).

UNACCOMPANIED ATHLETES: Any USA Swimming athlete-member competing at the meet shall be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA Swimming Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the athlete or the athlete's legal guardian to arrange for supervision by a USA Swimming member-coach. The meet director or meet referee may assist the athlete in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA Swimming Club Member-Coach.

RACING STARTS: Any athlete entered in the meet shall be certified by a USA Swimming member-coach as being proficient in performing a racing start, or shall start each race from within the water. When unaccompanied by a USA Swimming member coach, it is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating on standing areas and in all areas used by athletes, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- ABSOLUTELY no glass containers are allowed in or around the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters shall be properly secured.
- Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- No pets allowed on deck, other than service assistance animals.
- Destructive devices, to include but not limited to, explosive devices and equipment, firearms (open or concealed), blades, knives, mace, stun guns and blunt objects are strictly prohibited in the swimming facility and its surrounding areas. If observed, the Meet Referee or his/her designee may ask that these devices be stored safely away from the public or removed from the facility. Noncompliance may result in the reporting to law enforcement authorities and ejection from the facility. Law enforcement officers (LEO) are exempt per applicable laws.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- No food or drink is allowed in the locker rooms.
- **Tents, EZ Ups, chairs (except those for coaches) or any form of "set up" or "loitering" are not allowed on pool deck. Club tents/set ups are allowed in the bleachers and the area above the bleachers only.**
- **Only hosting club, vendor and coaches' tents are allowed on the pool deck.**
- **Only coaches, athletes, officials, timers and meet staff are allow behind the starting blocks during warm-ups and while meet is in session.**

ELIGIBILITY:

- Athletes shall be current members of USA Swimming and enter their name and registration number on the meet entry card exactly as they are shown on their Registration Card. If this is not done, it may be difficult to match the athlete with the registration database. The meet host shall check all athlete registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge shall be added to the regular registration fee). Duplicate registrations shall be refunded by mail.
- Athletes in the "A" Division shall have met at least the listed USA Swimming Motivational "A" minimum time standard. Athletes in the "B" Division shall have met at least the listed "B" minimum time standard. All entry times slower than the "B" time standard shall be in the "C" Division.
- Entries with "NO TIME" shall be accepted for all entries **except the OPEN events** and will be seeded in the slowest heat(s) of the "C" division. In order to enter the Open events (400 IM, 400 Free, 200 Breast, 200 Back, 200 Butterfly and 800 Free), the athlete must have met the listed qualifying time or have coach verification.
- Entry times submitted for this meet may be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- Disabled athletes are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations on entry times and seeding per Pacific Swimming policy.
- Athletes 19 years of age and over may compete in the meet for time only, no awards. Such athlete shall meet standards for the 17-18 age group.
- Age on the first day of the meet shall determine the athlete's age for the entire meet.

ENTRY PRIORITY: Entries from members of Zone 3 clubs (including unattached athletes training with those clubs) and the following non-Zone 3 club WEST (West Coast Aquatics) postmarked or entered online by **March 19, 2018**, shall be given first priority for

acceptance to the meet. All entries from other zones in Pacific Swimming or from other LSC's, postmarked or entered on line by the entry deadline shall be considered in the order they are received.

ENTRY FEES: \$4.00 per event plus a \$10.00 participation fee per athlete. Entries shall be rejected if payment is not sent at time of request. No refunds shall be made except mandatory scratch downs.

ONLINE ENTRIES: To enter online go to <http://ome.swimconnection.com/pc/NVST20180428> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection, LLC charges a processing fee for this service, equal to \$1 per athlete plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of an athlete by Pacific Swimming.** Online entries shall be accepted through **5:00 PM on Wednesday, April 18, 2018.**

MAILED OR HAND DELIVERED ENTRIES: Entries shall be on the attached consolidated entry form. Forms shall be filled out completely and printed clearly with athlete's best time. Entries shall be postmarked by **midnight, Monday, April 16, 2018** or hand delivered **5:00pm, Wednesday April 18, 2018.** No late entries shall be accepted. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: Napa Valley Swim Team or NVST
Mail or hand deliver entries to: Meet Director
1942 Shurtleff Ave.
Napa, CA 94559

CHECK-IN: The meet shall be deck seeded. Athletes shall check-in at the Clerk-of-Course. No event shall be closed more than 30 minutes before the scheduled start of the session. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. Athletes who do not check in shall not be seeded and shall not be allowed to compete in that event.

SCRATCHES: Any athletes not reporting for or competing in an individual timed final event that they have checked in for shall not be penalized. Athletes who must withdraw from an event after it is seeded are requested to inform the referee immediately.

AWARDS:

- **Individual events:** Ribbons shall be awarded to the 1st – 8th place finishers in the “A” “B” and “C” divisions, for each event and age group (8&U, 9-10, and 11-12, 13-14, 15-16, 17-18.) The 13 & Over individual events shall be swum in combined heats, with awards given for each separate age group (13-14, 15-16, 17-18). The 10 & Under individual events shall be swum in combined heats, with awards given for each separate age group (8&U, 9-10). Athletes 19 years of age and older shall not receive awards.
- **Open events:** Shall be swum in combined heats, with no awards being given.
- “A” medals shall be awarded to athletes achieving new “USAS-A” times swum during this meet only.
- Awards must be picked up on Sunday, last day of meet, by a club's coach or representative.
- Non Zone 3 Clubs and unattached athletes: Clubs and athletes must coordinate with the awards' desk pick up and/or delivery or awards. If awards are not able to be picked up on the last day of the meet, a pre-paid envelope must be provided.
- Awards will not be individually distributed throughout the meet.

ADMISSION: FREE. A 2 day program will be available for \$5.00

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours.

SNACK BAR & HOSPITALITY: A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve refreshments to timers and volunteers.

MINIMUM OFFICIALS: At least seven days prior to the start of the meet, meet management (Meet Director and/or Meet Referee) shall contact a representative from each club participating in the meet, and provide a preliminary inventory of the officials that club is required to provide for each session. Each club shall, by the start of the meet, provide to the Meet Director or designee a list of Officials who have agreed to represent that club during each session of the meet.

At the meet, meet management shall conduct an inventory of officials, and shall compare the number of athletes entered in each session by each club with the number of officials present representing each club. If meet management certifies that a club has not

provided sufficient officials for any session of the meet in accordance with the table below, excluding finals in a prelims and finals meet, the club shall be fined \$100 per missing official per session of the meet.

# of athletes per club entered	# of trained and carded officials required*
1-10	0
11-25	1
26-50	2
51-75	3
76-100	4
101-more	5

*Zone 3 shall include assigned and working Colorado, Intermediary/ Chief Timing Judge, and Computer operator in the count of officials for a session although these positions are not carded. Zone 3 shall accept uncarded Trainees in the count of officials for up to two sessions. Clubs may use officials “borrowed” from other clubs, or unattached officials at the meet who agree, to fulfill their obligation under the rule.

SCHEDULE OF EVENTS

Saturday, April 28, 2018		
GIRLS' EVENT #	EVENT	BOYS' EVENT #
1	OPEN 400 Free <i>Girl Min Time: 6:23.89</i> <i>Boy Min Time: 6:15.49</i>	2
3	10 & Under 100 Free	4
5	13 & Over 200 Free	6
7	11-12 100 Fly	8
9	13 & Over 100 Fly	10
11	11-12 50 Back	12
13	10 & Under 200 Free	14
15	OPEN 200 Back <i>Girl Min Time: 3:24.79</i> <i>Boy Min Time: 3:20.79</i>	16
17	11-12 50 Breast	18
19	10 & Under 50 Breast	20
21	13 & Over 50 Free	22
23	11-12 200 Free	24
25	10 & Under 100 Back	26
27	13 & Over 100 Breast	28
29	11-12 50 Free	30
31	10 & Under 100 Fly	32
33	Open 200 Fly <i>Girl Min Time: 3:24.89</i> <i>Boy Min Time: 3:22.09</i>	34

Sunday, April 29, 2018		
GIRLS' EVENT #	EVENT	BOYS' EVENT #
35	OPEN 400 IM <i>Girl Min Time: 7:19.69</i> <i>Boy Min Time: 7:10.19</i>	36
37	10 & Under 100 Breast	38
39	11-12 100 Breast	40
41	13 & Over 100 Back	42
43	11-12 50 Fly	44
45	10 & Under 50 Fly	46
47	Open 200 Breast <i>Girl Min Time: 3:52.69</i> <i>Boy Min Time: 3:44.69</i>	48
49	11-12 100 Back	50
51	10 & Under 50 Back	52
53	13 & Over 200 IM	54
55	11-12 200 IM	56
57	10 & Under 200 IM	58
59	13 & Over 100 Free	60
61	11-12 100 Free	62
63	10 & Under 50 Free	64
65	OPEN 800 Free <i>Girl Min Time: 13:26.79</i> <i>Boy Min Time: 13:11.69</i>	66

<p style="text-align: center;">Pacific Swimming – Hosted by Napa Valley Swim Team C/B/A+ Swim Meet April 28-29, 2018 Consolidated Entry Form</p>															
Name: Last, First Middle															
Club Abbr.				UNATT Club Abbr.				Club Name							
Age				Date of Birth				Sex M F				LSC - (PC, SN)			
USA-#															
Event #	Distance / Stroke						Entry Time				Circle one				
							: .				SCY / LCM				
							: .				SCY / LCM				
							: .				SCY / LCM				
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# of entries _____ x \$4.00 = \$ _____ Participation Fee \$ 10.00 Total \$ _____															
Coach's Name:															
Coach's E-Mail Address:															
Coach's Cell Phone Number:															
Athlete's Address:															
Home Phone:								Cell Phone:							
Athlete/Parent Email:															