

CMC Championship Meet - 4/27/2024

CMC Championships

Results

Event 1 Women 200 Yard Medley Relay

Meet Record: 1:59.78 # 4/27/2019

FTBR

Wilson, Hutchinson H, Huerta, Hutchinson D.

1:46.89 CIFA CIF Automatic 2024

1:50.53 CIFC CIF Consideration 24

1:52.62 NCSA NCS Automatic 2024

2:04.99 NCSC NCS Consideration 24

Team	Relay	Seed Time	Finals Time
1 Willits High School		2:29.70	2:25.09
1) Thom, Kaylen SR	2) Winter, Kate SO	3) Blakely-Swendsen, Leah FR	4) Kale, Sarah SO
2 Fort Bragg High School		2:22.87	2:25.94
1) Real Lopez, Yomaris SR	2) Gonzalez, Adrianna JR	3) Caranicolas, Elena JR	4) Tholberg, Lily JR
3 Tech High School		2:39.16	2:37.30
1) Gazzano, Gianella JR	2) Matticola, Alice JR	3) Reynolds, Delaney JR	4) Flores, Bella JR
4 St Helena High School		2:36.58	2:39.82
1) Taylor, Cosette FR	2) Pearson, Sierra FR	3) Suhr, Monica JR	4) Hardcastle, Summer FR
5 Credo High School		2:26.60	2:41.24
1) Chacon, Luna FR	2) Rough, Euphemia SO	3) James, Margrethe SR	4) Kallaway, Seva FR

Event 2 Men 200 Yard Medley Relay

Meet Record: 1:47.58 # 4/30/2016

TECH

Shinn, Silveira, Hagmann, Dang

1:34.50 CIFA CIF Automatic 2024

1:37.99 CIFC CIF Consideration 24

1:39.49 NCSA NCS Automatic 2024

1:52.99 NCSC NCS Consideration 24

Team	Relay	Seed Time	Finals Time
1 Mendocino High School		1:50.72	1:48.70 NCSC
1) Rocha-Escobar, Leo SO	2) Rocha-Escobar, Emiliano FR	3) Benfield, Wylie SR	4) Miclea, Colin SO
2 Fort Bragg High School		1:57.52	2:10.61
1) Seaholm, Tre JR	2) Shiro, Ben SO	3) Ries, Alex SO	4) Tamayo, Andres SO
3 St Helena High School		2:20.45	2:10.92
1) Berzain, Aiden JR	2) Walter, Will SR	3) Willen, Rowan SR	4) Sager, Waleed FR
4 Tech High School		2:07.06	2:13.08
1) Harris, Joseph JR	2) Biggio, Grayson FR	3) Clay, Max JR	4) Timbol, Bryan SO
5 Calistoga High School		2:35.60	2:52.74
1) Hernandez, Oscar SO	2) Fennen, Dylan SR	3) Groshart, Dylan JR	4) Grove, Graham JR

Event 3 Women 200 Yard Freestyle

Meet Record: 2:06.15 # 4/27/2018 Natalie Baumgartner

FTBR

1:51.40 CIFA CIF Automatic 2024

1:54.10 CIFC CIF Consideration 24

1:58.66 NCSA NCS Automatic 2024

2:05.99 NCSC NCS Consideration 24

Name	Yr School	Prelim Time	Finals Time
A - Final			
1 Tholberg, Lily	JR Fort Bragg High School	2:18.56	2:18.12
2 Casey, Abbey	SO Credo High School	2:27.06	2:24.09
3 Neidhoefer, Frances	SR Credo High School	2:42.41	2:39.53
4 Winter, Kate	SO Willits High School	2:40.17	2:41.67
5 Flores, Bella	JR Tech High School	2:48.89	2:46.12
6 Kale, Sarah	SO Willits High School	2:46.96	2:52.22

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B - Final ... (Event 3 Women 200 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time
B - Final				
7	Matticola, Alice	JR Tech High School	2:57.95	2:56.15
8	Carr, Rowan	FR Fort Bragg High School	3:07.52	3:09.40
9	Garcia, Litzzy	SR Fort Bragg High School	3:10.20	3:14.65

Event 3 Women 200 Yard Freestyle

Meet Record: 2:06.15 # 4/27/2018 Natalie Baumgartner FTBR
 1:51.40 CIFA CIF Automatic 2024
 1:54.10 CIFC CIF Consideration 24
 1:58.66 NCSA NCS Automatic 2024
 2:05.99 NCSC NCS Consideration 24

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1	Tholberg, Lily	JR Fort Bragg High School	2:25.15	2:18.56 q
2	Casey, Abbey	SO Credo High School	2:28.20	2:27.06 q
3	Winter, Kate	SO Willits High School	2:49.57	2:40.17 q
4	Neidhoefer, Frances	SR Credo High School	2:29.71	2:42.41 q
5	Kale, Sarah	SO Willits High School	2:52.89	2:46.96 q
6	Flores, Bella	JR Tech High School	2:51.27	2:48.89 q
7	Matticola, Alice	JR Tech High School	3:08.73	2:57.95 q
8	Carr, Rowan	FR Fort Bragg High School	3:15.53	3:07.52 q
9	Garcia, Litzzy	SR Fort Bragg High School	3:08.84	3:10.20 q

Event 4 Men 200 Yard Freestyle

Meet Record: 1:46.30 # 4/28/2024 Alex Ries Fort Bragg
 1:40.18 CIFA CIF Automatic 2024
 1:42.59 CIFC CIF Consideration 24
 1:45.67 NCSA NCS Automatic 2024
 1:51.99 NCSC NCS Consideration 24

Name	Yr	School	Prelim Time	Finals Time
A - Final				
1	Ries, Alex	SO Fort Bragg High School	1:47.49	1:46.30 # NCSC
2	Farley, Ian	SO Credo High School	2:05.20	1:53.16
3	Clay, Max	JR Tech High School	2:24.53	2:19.39
4	McKevitt, Liam	JR Mendocino High School	2:33.65	2:39.22
5	Shiro, Ben	SO Fort Bragg High School	2:39.34	2:43.31
---	Oyler, Izzy	FR Credo High School	2:22.52	NS

Event 4 Men 200 Yard Freestyle

Meet Record: 1:46.30 # 4/28/2024 Alex Ries Fort Bragg
 1:40.18 CIFA CIF Automatic 2024
 1:42.59 CIFC CIF Consideration 24
 1:45.67 NCSA NCS Automatic 2024
 1:51.99 NCSC NCS Consideration 24

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1	Ries, Alex	SO Fort Bragg High School	1:49.17	1:47.49 qNCSC
2	Farley, Ian	SO Credo High School	1:57.47	2:05.20 q
3	Oyler, Izzy	FR Credo High School	2:30.00	2:22.52 q
4	Clay, Max	JR Tech High School	2:19.00	2:24.53 q
5	McKevitt, Liam	JR Mendocino High School	2:37.53	2:33.65 q

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Preliminaries ... (Event 4 Men 200 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time	
6 Shiro, Ben	SO	Fort Bragg High School	2:37.43	2:39.34	q

Event 5 Women 200 Yard IM

Meet Record: 2:11.07 # 4/29/2017 Haley Hutchinson FTBR
 2:04.13 CIFA CIF Automatic 2024
 2:07.99 CIFC CIF Consideration 24
 2:11.37 NCSA NCS Automatic 2024
 2:19.99 NCSC NCS Consideration 24

Name	Yr	School	Prelim Time	Finals Time	
A - Final					
1 Reynolds, Delaney	JR	Tech High School	2:44.88	2:39.23	
2 Blakely-Swendsen, Leah	FR	Willits High School	3:02.30	3:05.68	
--- Labe-Basler, Violet	FR	Tech High School	3:22.49	DQ	

Event 5 Women 200 Yard IM

Meet Record: 2:11.07 # 4/29/2017 Haley Hutchinson FTBR
 2:04.13 CIFA CIF Automatic 2024
 2:07.99 CIFC CIF Consideration 24
 2:11.37 NCSA NCS Automatic 2024
 2:19.99 NCSC NCS Consideration 24

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Reynolds, Delaney	JR	Tech High School	2:38.48	2:44.88	q
2 Blakely-Swendsen, Leah	FR	Willits High School	3:09.56	3:02.30	q
3 Labe-Basler, Violet	FR	Tech High School	3:22.22	3:22.49	q

Event 6 Men 200 Yard IM

Meet Record: 1:58.78 # 4/27/2018 Corban McIntosh STVI
 1:51.56 CIFA CIF Automatic 2024
 1:54.99 CIFC CIF Consideration 24
 1:56.94 NCSA NCS Automatic 2024
 2:06.99 NCSC NCS Consideration 24

Name	Yr	School	Prelim Time	Finals Time	
A - Final					
1 Rocha-Escobar, Leo	SO	Mendocino High School	2:21.65	2:16.21	
2 Seaholm, Tre	JR	Fort Bragg High School	2:34.27	2:33.65	
3 Biggio, Grayson	FR	Tech High School	2:35.76	2:40.72	
4 Escobar, Elias	SO	Calistoga High School	3:16.17	3:14.76	
--- Walter, Will	SR	St Helena High School	2:34.08	DQ	

Event 6 Men 200 Yard IM

Meet Record: 1:58.78 # 4/27/2018 Corban McIntosh STVI
 1:51.56 CIFA CIF Automatic 2024
 1:54.99 CIFC CIF Consideration 24
 1:56.94 NCSA NCS Automatic 2024
 2:06.99 NCSC NCS Consideration 24

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Rocha-Escobar, Leo	SO	Mendocino High School	2:18.27	2:21.65	q
2 Walter, Will	SR	St Helena High School	2:27.60	2:34.08	q
3 Seaholm, Tre	JR	Fort Bragg High School	2:28.47	2:34.27	q
4 Biggio, Grayson	FR	Tech High School	2:35.44	2:35.76	q

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Preliminaries ... (Event 6 Men 200 Yard IM)

Name	Yr	School	Seed Time	Prelim Time	
5 Escobar, Elias	SO	Calistoga High School	3:41.65	3:16.17	q

Event 7 Women 50 Yard Freestyle

Meet Record: 24.53 # 4/27/2024 Eleanor Farley Credo
 23.70 CIFA CIF Automatic 2024
 24.58 NCSA NCS Automatic 2024
 24.77 CIFC CIF Consideration 24
 25.66 NCSC NCS Consideration 24

Name	Yr	School	Prelim Time	Finals Time	
A - Final					
1 Farley, Eleanor	SO	Credo High School	24.53	24.84	NCSC
2 Thom, Kaylen	SR	Willits High School	27.05	26.68	
3 Johnson, Chloe	FR	Credo High School	33.35	32.21	
4 Gazzano, Gianella	JR	Tech High School	33.96	33.85	
5 Kallaway, Seva	FR	Credo High School	35.15	34.58	
6 Chacon, Luna	FR	Credo High School	33.77	35.23	
B - Final					
7 Oglesby, Mason	SO	Mendocino High School	35.34	34.72	
8 Taylor, Cosette	FR	St Helena High School	35.57	35.00	
9 Kliewer, Elisa	JR	Tech High School	38.21	38.88	
10 Williams, Caitlin	SO	Calistoga High School	39.62	40.14	
11 Mendoza, Estrella	SO	Willits High School	38.80	40.41	
12 Field, Krista	SR	St Helena High School	39.05	41.73	

Event 7 Women 50 Yard Freestyle

Meet Record: 24.53 # 4/27/2024 Eleanor Farley Credo
 23.70 CIFA CIF Automatic 2024
 24.58 NCSA NCS Automatic 2024
 24.77 CIFC CIF Consideration 24
 25.66 NCSC NCS Consideration 24

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Farley, Eleanor	SO	Credo High School	25.15	24.53 #	qNCSA+
2 Thom, Kaylen	SR	Willits High School	27.17	27.05	q
3 Johnson, Chloe	FR	Credo High School	34.06	33.35	q
4 Chacon, Luna	FR	Credo High School	35.31	33.77	q
5 Gazzano, Gianella	JR	Tech High School	33.79	33.96	q
6 Kallaway, Seva	FR	Credo High School	40.65	35.15	q
7 Oglesby, Mason	SO	Mendocino High School	38.17	35.34	q
8 Taylor, Cosette	FR	St Helena High School	37.67	35.57	q
9 Kliewer, Elisa	JR	Tech High School	38.25	38.21	q
10 Mendoza, Estrella	SO	Willits High School	40.07	38.80	q
11 Field, Krista	SR	St Helena High School	39.42	39.05	q
12 Williams, Caitlin	SO	Calistoga High School	40.10	39.62	q
13 Hall-Jimenez, Kyler	JR	Willits High School	41.56	40.75	
14 Troyan, Sara	SO	St Helena High School	42.30	40.86	
15 Vasquez, Angelique	SO	Calistoga High School	40.98	43.47	
16 Simpson, Bea	FR	Credo High School	45.89	44.74	
17 Bower, Remi	SR	St Helena High School	46.01	48.16	
18 Martinez, Genesis	FR	Calistoga High School	48.71	49.34	

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Event 8 Men 50 Yard Freestyle

Meet Record: 22.38 # 4/27/2018 Max Madrzyk KYHS
 20.90 CIFA CIF Automatic 2024
 21.49 CIFC CIF Consideration 24
 21.72 NCSA NCS Automatic 2024
 22.55 NCSC NCS Consideration 24

Name	Yr	School	Prelim Time	Finals Time
A - Final				
1 Fennen, Dylan	SR	Calistoga High School	24.85	24.48
2 Benfield, Westin	SR	Mendocino High School	25.43	24.93
3 Sheppard, Dylan	SO	Tech High School	28.05	27.66
4 Shreve, Michael	FR	Tech High School	27.91	27.85
5 Willen, Rowan	SR	St Helena High School	27.92	28.27
6 Berzain, Aiden	JR	St Helena High School	29.37	28.68
B - Final				
7 Maldonado, Diego	JR	Tech High School	30.84	29.47
8 Sager, Waleed	FR	St Helena High School	31.32	30.53
9 O'Quinn Chai, Skyler	SO	Tech High School	30.96	30.76
10 Groshart, Dylan	JR	Calistoga High School	31.22	31.77
11 Tamayo, Andres	SO	Fort Bragg High School	34.23	34.86
12 White, Jackson	FR	St Helena High School	34.61	34.99

Event 8 Men 50 Yard Freestyle

Meet Record: 22.38 # 4/27/2018 Max Madrzyk KYHS
 20.90 CIFA CIF Automatic 2024
 21.49 CIFC CIF Consideration 24
 21.72 NCSA NCS Automatic 2024
 22.55 NCSC NCS Consideration 24

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1 Fennen, Dylan	SR	Calistoga High School	26.09	24.85 q
2 Benfield, Westin	SR	Mendocino High School	25.51	25.43 q
3 Shreve, Michael	FR	Tech High School	28.58	27.91 q
4 Willen, Rowan	SR	St Helena High School	29.07	27.92 q
5 Sheppard, Dylan	SO	Tech High School	27.49	28.05 q
6 Berzain, Aiden	JR	St Helena High School	27.47	29.37 q
7 Maldonado, Diego	JR	Tech High School	29.47	30.84 q
8 O'Quinn Chai, Skyler	SO	Tech High School	31.32	30.96 q
9 Groshart, Dylan	JR	Calistoga High School	30.71	31.22 q
10 Sager, Waleed	FR	St Helena High School	30.45	31.32 q
11 Tamayo, Andres	SO	Fort Bragg High School	32.94	34.23 q
12 White, Jackson	FR	St Helena High School	33.72	34.61 q
13 Escobar, Elias	SO	Calistoga High School	33.03	35.41
14 Grove, Graham	JR	Calistoga High School	37.05	35.95
15 Hernandez, Oscar	SO	Calistoga High School	35.89	36.16
16 Reynolds, Jathan	SR	St Helena High School	34.54	36.20
17 Egoramaiphol, Izaak	FR	Mendocino High School	37.31	37.22

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Event 9 Women 100 Yard Butterfly

Meet Record: 59.83 # 4/29/2019 Dylan Hutchinson FTBR
 55.50 CIFA CIF Automatic 2024
 57.40 CIFC CIF Consideration 24
 57.83 NCSA NCS Automatic 2024
 1:02.99 NCSC NCS Consideration 24

Name	Yr	School	Prelim Time	Finals Time
A - Final				
1		Caranicolas, Elena JR Fort Bragg High School	1:15.97	1:15.78
2		Blakely-Swendsen, Leah FR Willits High School	1:32.69	1:34.00

Event 9 Women 100 Yard Butterfly

Meet Record: 59.83 # 4/29/2019 Dylan Hutchinson FTBR
 55.50 CIFA CIF Automatic 2024
 57.40 CIFC CIF Consideration 24
 57.83 NCSA NCS Automatic 2024
 1:02.99 NCSC NCS Consideration 24

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1		Caranicolas, Elena JR Fort Bragg High School	1:16.18	1:15.97 q
2		Blakely-Swendsen, Leah FR Willits High School	1:32.01	1:32.69 q

Event 10 Men 100 Yard Butterfly

Meet Record: 51.96 # 4/27/2018 Nick Dobusch KYHS
 49.55 CIFA CIF Automatic 2024
 51.15 CIFC CIF Consideration 24
 52.41 NCSA NCS Automatic 2024
 55.88 NCSC NCS Consideration 24

Name	Yr	School	Prelim Time	Finals Time
A - Final				
1		Ries, Alex SO Fort Bragg High School	53.52	53.48 NCSC
2		Rocha-Escobar, Leo SO Mendocino High School	59.98	58.57
3		Benfield, Wylie SR Mendocino High School	1:06.00	1:03.77
4		Clay, Max JR Tech High School	1:12.94	1:11.31
5		Timbol, Bryan SO Tech High School	1:15.28	1:16.52

Event 10 Men 100 Yard Butterfly

Meet Record: 51.96 # 4/27/2018 Nick Dobusch KYHS
 49.55 CIFA CIF Automatic 2024
 51.15 CIFC CIF Consideration 24
 52.41 NCSA NCS Automatic 2024
 55.88 NCSC NCS Consideration 24

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1		Ries, Alex SO Fort Bragg High School	53.11	53.52 qNCSC
2		Rocha-Escobar, Leo SO Mendocino High School	1:00.20	59.98 q
3		Benfield, Wylie SR Mendocino High School	1:03.91	1:06.00 q
4		Clay, Max JR Tech High School	1:09.68	1:12.94 q
5		Timbol, Bryan SO Tech High School	NT	1:15.28 q

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Event 11 Women 100 Yard Freestyle

Meet Record: 53.20 # 4/27/2024 Eleanor Farley Credo
 51.48 CIFA CIF Automatic 2024
 52.08 NCSA NCS Automatic 2024
 52.82 CIFC CIF Consideration 24
 56.55 NCSC NCS Consideration 24

Name	Yr	School	Prelim Time	Finals Time	
A - Final					
1	Farley, Eleanor	SO Credo High School	53.20	53.66	NCSC
2	Thom, Kaylen	SR Willits High School	1:00.81	1:00.45	
3	Suhr, Monica	JR St Helena High School	1:04.50	1:05.60	
4	Gonzalez, Adrianna	JR Fort Bragg High School	1:07.97	1:07.91	
5	Rough, Euphemia	SO Credo High School	1:08.89	1:08.82	
6	Long, Cassidy	SR Willits High School	1:09.40	1:10.31	
B - Final					
7	Winter, Kate	SO Willits High School	1:12.81	1:11.91	
8	Johnson, Chloe	FR Credo High School	1:14.84	1:12.57	
9	Labe-Basler, Violet	FR Tech High School	1:18.11	1:15.57	
10	Matticola, Alice	JR Tech High School	1:19.96	1:19.52	
11	Kallaway, Seva	FR Credo High School	1:21.76	1:19.63	
12	Gazzano, Gianella	JR Tech High School	1:20.29	1:20.71	

Event 11 Women 100 Yard Freestyle

Meet Record: 53.20 # 4/27/2024 Eleanor Farley Credo
 51.48 CIFA CIF Automatic 2024
 52.08 NCSA NCS Automatic 2024
 52.82 CIFC CIF Consideration 24
 56.55 NCSC NCS Consideration 24

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1	Farley, Eleanor	SO Credo High School	55.94	53.20 #	qNCSC
2	Thom, Kaylen	SR Willits High School	1:02.24	1:00.81	q
3	Suhr, Monica	JR St Helena High School	1:03.70	1:04.50	q
4	Gonzalez, Adrianna	JR Fort Bragg High School	1:06.37	1:07.97	q
5	Rough, Euphemia	SO Credo High School	1:16.20	1:08.89	q
6	Long, Cassidy	SR Willits High School	1:09.81	1:09.40	q
7	Winter, Kate	SO Willits High School	1:16.32	1:12.81	q
8	Johnson, Chloe	FR Credo High School	1:17.27	1:14.84	q
9	Labe-Basler, Violet	FR Tech High School	1:20.65	1:18.11	q
10	Matticola, Alice	JR Tech High School	1:21.03	1:19.96	q
11	Gazzano, Gianella	JR Tech High School	1:21.14	1:20.29	q
12	Kallaway, Seva	FR Credo High School	1:25.56	1:21.76	q
13	Carr, Rowan	FR Fort Bragg High School	1:23.82	1:23.33	
14	Pearson, Sierra	FR St Helena High School	1:32.10	1:26.45	
15	Hardcastle, Summer	FR St Helena High School	1:38.01	1:32.39	
16	Troyan, Sara	SO St Helena High School	1:43.30	1:34.81	
17	Simpson, Bea	FR Credo High School	1:39.04	1:36.13	
18	Mendoza, Estrella	SO Willits High School	1:38.34	1:38.00	
19	Vasquez, Angeliq	SO Calistoga High School	1:43.13	1:42.06	

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Event 12 Men 100 Yard Freestyle

Meet Record: 52.00 # 4/29/2017 Max Madrzyk KELS
 46.05 CIFA CIF Automatic 2024
 47.14 CIFC CIF Consideration 24
 47.94 NCSA NCS Automatic 2024
 49.99 NCSC NCS Consideration 24

Name	Yr	School	Prelim Time	Finals Time
A - Final				
1	Rocha-Escobar, Emiliano	FR Mendocino High School	57.43	55.90
2	Fennen, Dylan	SR Calistoga High School	57.01	55.96
3	Willen, Rowan	SR St Helena High School	59.81	59.69
4	Sheppard, Dylan	SO Tech High School	1:02.10	1:04.15
5	Shreve, Michael	FR Tech High School	1:06.33	1:07.29
6	Borzain, Aiden	JR St Helena High School	1:06.99	1:07.44
B - Final				
7	Maldonado, Diego	JR Tech High School	1:09.70	1:05.77
8	McKevitt, Liam	JR Mendocino High School	1:07.93	1:06.96
9	Sager, Waleed	FR St Helena High School	1:12.60	1:09.25
10	O'Quinn Chai, Skyler	SO Tech High School	1:11.01	1:09.64
11	Groshart, Dylan	JR Calistoga High School	1:09.50	1:11.37
12	Tamayo, Andres	SO Fort Bragg High School	1:20.73	1:21.67

Event 12 Men 100 Yard Freestyle

Meet Record: 52.00 # 4/29/2017 Max Madrzyk KELS
 46.05 CIFA CIF Automatic 2024
 47.14 CIFC CIF Consideration 24
 47.94 NCSA NCS Automatic 2024
 49.99 NCSC NCS Consideration 24

Name	Yr	School	Seed Time	Prelim Time
Preliminaries				
1	Fennen, Dylan	SR Calistoga High School	58.20	57.01 q
2	Rocha-Escobar, Emiliano	FR Mendocino High School	59.06	57.43 q
3	Willen, Rowan	SR St Helena High School	1:00.64	59.81 q
4	Sheppard, Dylan	SO Tech High School	1:05.77	1:02.10 q
5	Shreve, Michael	FR Tech High School	1:09.06	1:06.33 q
6	Borzain, Aiden	JR St Helena High School	1:08.20	1:06.99 q
7	McKevitt, Liam	JR Mendocino High School	1:08.78	1:07.93 q
8	Groshart, Dylan	JR Calistoga High School	1:09.86	1:09.50 q
9	Maldonado, Diego	JR Tech High School	1:11.45	1:09.70 q
10	O'Quinn Chai, Skyler	SO Tech High School	1:12.89	1:11.01 q
11	Sager, Waleed	FR St Helena High School	1:12.46	1:12.60 q
12	Tamayo, Andres	SO Fort Bragg High School	1:55.57	1:20.73 q
13	White, Jackson	FR St Helena High School	1:17.10	1:21.68
14	Hernandez, Oscar	SO Calistoga High School	1:21.87	1:24.73
15	Egoramaiphol, Izaak	FR Mendocino High School	1:30.91	1:27.16
---	Norman-Guarachi, Julian	FR Fort Bragg High School	1:06.60	NS

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Event 13 Women 500 Yard Freestyle

Meet Record: 5:41.85 # 4/30/2016 Lauren Rudnick KYSH

4:58.98 CIFA CIF Automatic 2024

5:09.99 CIFC CIF Consideration 24

5:17.55 NCSA NCS Automatic 2024

5:32.99 NCSC NCS Consideration 24

Name	Yr	School	Seed Time	Finals Time
1 Reynolds, Delaney	JR	Tech High School	6:15.66	6:06.08
2 Casey, Abbey	SO	Credo High School	6:17.09	6:24.24
3 James, Margrethe	SR	Credo High School	7:42.45	7:18.71
4 Real Lopez, Yomaris	SR	Fort Bragg High School	7:21.86	7:22.32
5 Oglesby, Mason	SO	Mendocino High School	7:30.37	7:24.21
6 Kale, Sarah	SO	Willits High School	7:38.31	7:38.20
7 Flores, Bella	JR	Tech High School	8:13.46	7:45.99
8 Field, Krista	SR	St Helena High School	9:08.25	9:04.00
9 Bower, Remi	SR	St Helena High School	10:59.11	11:23.85

Event 14 Men 500 Yard Freestyle

Meet Record: 4:58.34 # 4/30/2016 Charlie Adams CLEA

4:31.94 CIFA CIF Automatic 2024

4:41.99 CIFC CIF Consideration 24

4:43.38 NCSA NCS Automatic 2024

5:05.99 NCSC NCS Consideration 24

Name	Yr	School	Seed Time	Finals Time
1 Farley, Ian	SO	Credo High School	5:20.29	5:03.93 NCSC+
2 Miclea, Colin	SO	Mendocino High School	6:03.95	5:51.22
3 Seaholm, Tre	JR	Fort Bragg High School	6:06.59	6:07.51
4 Walter, Will	SR	St Helena High School	6:25.34	6:29.35
5 Harris, Joseph	JR	Tech High School	7:25.99	7:29.33
6 Reynolds, Jathan	SR	St Helena High School	9:23.45	8:39.25
7 Grove, Graham	JR	Calistoga High School	9:17.45	8:48.59

Event 15 Women 200 Yard Freestyle Relay

Meet Record: 1:56.77 # 4/30/2016 TECH

Davis, Shimokobe, Ireson, Banks

1:37.16 CIFA CIF Automatic 2024

1:40.64 CIFC CIF Consideration 24

1:42.29 NCSA NCS Automatic 2024

1:51.99 NCSC NCS Consideration 24

Team	Relay	Seed Time	Finals Time
1 Credo High School		2:01.14	1:58.12
1) Neidhoefer, Frances SR	2) Farley, Eleanor SO	3) Rough, Euphemia SO	4) Casey, Abbey SO
2 Willits High School		2:05.40	2:05.33
1) Thom, Kaylen SR	2) Winter, Kate SO	3) Blakely-Swendsen, Leah FR	4) Kale, Sarah SO
3 Tech High School		2:15.22	2:17.51
1) Gazzano, Gianella JR	2) Matticola, Alice JR	3) Labe-Basler, Violet FR	4) Flores, Bella JR
4 Fort Bragg High School		2:14.44	2:18.12
1) Caranicolas, Elena JR	2) Garcia, Litzzy SR	3) Carr, Rowan FR	4) Gonzalez, Adrianna JR
5 St Helena High School		2:25.46	2:25.36
1) Taylor, Cosette FR	2) Pearson, Sierra FR	3) Hardcastle, Summer FR	4) Suhr, Monica JR

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Event 16 Men 200 Yard Freestyle Relay

Meet Record: 1:35.11 # 4/30/2016

CL/KV

Tejeda, Madrzyk, Dobusch, Adams

1:25.85 CIFA CIF Automatic 2024

1:28.58 CIFC CIF Consideration 24

1:30.28 NCSA NCS Automatic 2024

1:39.99 NCSC NCS Consideration 24

Team	Relay	Seed Time	Finals Time
1 Mendocino High School		2:15.20	1:57.57
1) Benfield, Westin SR	2) Egoramaiphol, Izaak FR	3) McKeivitt, Liam JR	4) Rocha-Escobar, Leo SO
2 Tech High School		2:03.84	1:59.93
1) O'Quinn Chai, Skyler SO	2) Maldonado, Diego JR	3) Shreve, Michael FR	4) Sheppard, Dylan SO
3 Calistoga High School		2:11.10	2:06.32
1) Fennen, Dylan SR	2) Groshart, Dylan JR	3) Escobar, Elias SO	4) Hernandez, Oscar SO
--- St Helena High School		1:55.45	DQ
1) Berzain, Aiden JR	2) Sager, Waleed FR	3) Walter, Will SR	4) Willen, Rowan SR

Event 17 Women 100 Yard Backstroke

Meet Record: 1:03.98 # 4/30/2016 Molly Davis

TECH

56.36 CIFA CIF Automatic 2024

58.06 CIFC CIF Consideration 24

58.70 NCSA NCS Automatic 2024

1:04.99 NCSC NCS Consideration 24

Name	Yr School	Prelim Time	Finals Time
A - Final			
1 Tholberg, Lily	JR Fort Bragg High School	1:12.80	1:11.30
2 Caranicolas, Elena	JR Fort Bragg High School	1:19.14	1:15.41
3 Suhr, Monica	JR St Helena High School	1:16.86	1:15.95
4 James, Margrethe	SR Credo High School	1:29.38	1:28.70
5 Real Lopez, Yomaris	SR Fort Bragg High School	1:31.72	1:30.39
6 Taylor, Cosette	FR St Helena High School	1:32.07	1:32.88
B - Final			
7 Kliewer, Elisa	JR Tech High School	1:43.84	1:42.10
8 Hardcastle, Summer	FR St Helena High School	1:43.99	1:44.99
--- Chacon, Luna	FR Credo High School	1:36.19	DQ

Event 17 Women 100 Yard Backstroke

Meet Record: 1:03.98 # 4/30/2016 Molly Davis

TECH

56.36 CIFA CIF Automatic 2024

58.06 CIFC CIF Consideration 24

58.70 NCSA NCS Automatic 2024

1:04.99 NCSC NCS Consideration 24

Name	Yr School	Seed Time	Prelim Time
Preliminaries			
1 Tholberg, Lily	JR Fort Bragg High School	1:10.53	1:12.80 q
2 Suhr, Monica	JR St Helena High School	1:15.70	1:16.86 q
3 Caranicolas, Elena	JR Fort Bragg High School	1:18.37	1:19.14 q
4 James, Margrethe	SR Credo High School	1:33.14	1:29.38 q
5 Real Lopez, Yomaris	SR Fort Bragg High School	1:28.60	1:31.72 q
6 Taylor, Cosette	FR St Helena High School	1:32.09	1:32.07 q
7 Chacon, Luna	FR Credo High School	1:52.28	1:36.19 q
8 Kliewer, Elisa	JR Tech High School	1:43.28	1:43.84 q

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Preliminaries ... (Event 17 Women 100 Yard Backstroke)

Name	Yr	School	Seed Time	Prelim Time	
9 Hardcastle, Summer	FR	St Helena High School	1:54.30	1:43.99	q

Event 18 Men 100 Yard Backstroke

Meet Record: 54.10 # 4/30/2019 Nick Dobusch KYHS
 49.90 CIFA CIF Automatic 2024
 52.81 CIFC CIF Consideration 24
 53.67 NCSA NCS Automatic 2024
 57.99 NCSC NCS Consideration 24

Name	Yr	School	Prelim Time	Finals Time
A - Final				
1 Rocha-Escobar, Emiliano	FR	Mendocino High School	1:08.99	1:08.39
2 Benfield, Westin	SR	Mendocino High School	1:07.46	1:10.39
3 Harris, Joseph	JR	Tech High School	1:25.24	1:20.39

Event 18 Men 100 Yard Backstroke

Meet Record: 54.10 # 4/30/2019 Nick Dobusch KYHS
 49.90 CIFA CIF Automatic 2024
 52.81 CIFC CIF Consideration 24
 53.67 NCSA NCS Automatic 2024
 57.99 NCSC NCS Consideration 24

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1 Benfield, Westin	SR	Mendocino High School	1:10.60	1:07.46	q
2 Rocha-Escobar, Emiliano	FR	Mendocino High School	1:11.23	1:08.99	q
3 Harris, Joseph	JR	Tech High School	1:27.81	1:25.24	q

Event 19 Women 100 Yard Breaststroke

Meet Record: 1:05.39 # 4/29/2017 Haley Hutchinson FTBR
 1:03.78 CIFA CIF Automatic 2024
 1:06.99 CIFC CIF Consideration 24
 1:07.37 NCSA NCS Automatic 2024
 1:12.99 NCSC NCS Consideration 24

Name	Yr	School	Prelim Time	Finals Time
A - Final				
1 Gonzalez, Adrianna	JR	Fort Bragg High School	1:27.86	1:27.34
2 Neidhoefer, Frances	SR	Credo High School	1:32.84	1:32.14
3 Long, Cassidy	SR	Willits High School	1:32.28	1:34.35
4 Pearson, Sierra	FR	St Helena High School	1:36.38	1:34.85
5 Rough, Euphemia	SO	Credo High School	1:34.97	1:36.49
6 Williams, Caitlin	SO	Calistoga High School	1:45.15	1:48.93
B - Final				
7 Garcia, Litzzy	SR	Fort Bragg High School	1:45.18	1:47.71
8 Hall-Jimenez, Kyler	JR	Willits High School	1:58.93	1:56.71

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Event 19 Women 100 Yard Breaststroke

Meet Record: 1:05.39 # 4/29/2017 Haley Hutchinson FTBR
 1:03.78 CIFA CIF Automatic 2024
 1:06.99 CIFC CIF Consideration 24
 1:07.37 NCSA NCS Automatic 2024
 1:12.99 NCSC NCS Consideration 24

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1	Gonzalez, Adrianna	JR Fort Bragg High School	1:28.87	1:27.86	q
2	Long, Cassidy	SR Willits High School	1:34.64	1:32.28	q
3	Neidhoefer, Frances	SR Credo High School	1:29.74	1:32.84	q
4	Rough, Euphemia	SO Credo High School	1:35.00	1:34.97	q
5	Pearson, Sierra	FR St Helena High School	1:36.40	1:36.38	q
6	Guilliams, Caitlin	SO Calistoga High School	1:52.94	1:45.15	q
7	Garcia, Litzzy	SR Fort Bragg High School	1:45.27	1:45.18	q
8	Hall-Jimenez, Kyler	JR Willits High School	1:59.05	1:58.93	q

Event 20 Men 100 Yard Breaststroke

Meet Record: 57.05 # 4/30/2019 Corban McIntosh STVI
 56.65 CIFA CIF Automatic 2024
 58.15 CIFC CIF Consideration 24
 59.08 NCSA NCS Automatic 2024
 1:03.55 NCSC NCS Consideration 24

Name	Yr	School	Prelim Time	Finals Time	
A - Final					
1	Miclea, Colin	SO Mendocino High School	1:08.92	1:09.07	
2	Benfield, Wylie	SR Mendocino High School	1:13.36	1:13.97	
3	Timbol, Bryan	SO Tech High School	1:19.04	1:19.33	
4	Biggio, Grayson	FR Tech High School	1:17.00	1:22.51	
5	Shiro, Ben	SO Fort Bragg High School	1:28.28	1:25.60	
---	Oyler, Izzy	FR Credo High School	1:24.99	NS	

Event 20 Men 100 Yard Breaststroke

Meet Record: 57.05 # 4/30/2019 Corban McIntosh STVI
 56.65 CIFA CIF Automatic 2024
 58.15 CIFC CIF Consideration 24
 59.08 NCSA NCS Automatic 2024
 1:03.55 NCSC NCS Consideration 24

Name	Yr	School	Seed Time	Prelim Time	
Preliminaries					
1	Miclea, Colin	SO Mendocino High School	1:09.77	1:08.92	q
2	Benfield, Wylie	SR Mendocino High School	1:12.47	1:13.36	q
3	Biggio, Grayson	FR Tech High School	1:16.85	1:17.00	q
4	Timbol, Bryan	SO Tech High School	1:20.14	1:19.04	q
5	Oyler, Izzy	FR Credo High School	1:28.39	1:24.99	q
6	Shiro, Ben	SO Fort Bragg High School	1:27.33	1:28.28	q
---	Norman-Guarachi, Julian	FR Fort Bragg High School	1:26.28	NS	

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Meet Record: 3:58.88 # 4/27/2019

FTBR

Huerta, Toscano, Hutchinson H, Hutchinson D

3:32.13 CIFA CIF Automatic 2024

3:38.99 CIFC CIF Consideration 24

3:46.63 NCSA NCS Automatic 2024

4:10.99 NCSC NCS Consideration 24

Team	Relay	Seed Time	Finals Time
1 Credo High School		4:25.37	4:35.58
1) Casey, Abbey SO	2) Farley, Eleanor SO	3) Johnson, Chloe FR	4) Rough, Euphemia SO
2 Fort Bragg High School		4:45.56	5:16.36
1) Real Lopez, Yomaris SR	2) Carr, Rowan FR	3) Garcia, Litzy SR	4) Tholberg, Lily JR

Event 22 Men 400 Yard Freestyle Relay

Meet Record: 3:29.72 # 4/30/2016

CL/KV

Tejeda, Madrzyk, Dobusch, Adams

3:08.45 CIFA CIF Automatic 2024

3:14.49 CIFC CIF Consideration 24

3:18.38 NCSA NCS Automatic 2024

3:37.99 NCSC NCS Consideration 24

Team	Relay	Seed Time	Finals Time
1 Mendocino High School		4:00.72	4:08.67
1) Benfield, Westin SR	2) Rocha-Escobar, Emiliano FR	3) Benfield, Wylie SR	4) Miclea, Colin SO
2 Fort Bragg High School		3:59.64	4:25.59
1) Seaholm, Tre JR	2) Tamayo, Andres SO	3) Shiro, Ben SO	4) Ries, Alex SO
3 Tech High School		4:25.83	4:29.63
1) Sheppard, Dylan SO	2) Clay, Max JR	3) Biggio, Grayson FR	4) Timbol, Bryan SO

Combined Team ScoresCombined Team Scores - Through Event 22

1. Tech High School	361	2. Fort Bragg High School	331
3. Credo High School	277	4. Mendocino High School	270
5. St Helena High School	200	6. Willits High School	174
7. Calistoga High School	108		

Scores - WomenWomen - Team Rankings - Through Event 22

1. Credo High School	248	2. Fort Bragg High School	199
3. Willits High School	174	4. Tech High School	134
5. St Helena High School	106	6. Mendocino High School	17
7. Calistoga High School	12		

Scores - MenMen - Team Rankings - Through Event 22

1. Mendocino High School	253	2. Tech High School	227
3. Fort Bragg High School	132	4. Calistoga High School	96
5. St Helena High School	94	6. Credo High School	29